

# SPRING 2019

MUNICIPALITY OF NORTH COWICHAN PARKS & RECREATION

LEARN TO SWIM AND SKATE OPPORTUNITIES  
[WWW.NORTHCOWICHAN.CA](http://WWW.NORTHCOWICHAN.CA)



LEARN  
TO

# FULLER LAKE ARENA

## LEARN TO SKATE LESSONS

### LESSON DAYS AND TIMES

Levels	ONCE A WEEK LESSONS			
	Tuesdays		Sundays	
<b>Preschool Levels 4 to 5yrs</b>	3:30pm to 4pm	4:10pm to 4:40pm	2pm to 2:30pm	2:40pm to 3:10pm
<b>School Aged Levels 6 to 13yrs</b>	3:30pm to 4pm	4:10pm to 4:40pm	2pm to 2:30pm	2:40pm to 3:10pm



### LESSON SET DATES

Set Information	Once A Week Lessons	
	Tuesdays Only	Sundays Only
<b>Start Date</b>	February 12	February 17
<b>End Date</b>	March 12	March 10
<i>No Class</i>	<i>February 19</i>	

LEARN TO SKATE LESSONS	
	# of Classes
<b>\$32</b>	<b>4</b>
<b>\$40</b>	<b>5</b>



# COWICHAN AQUATIC CENTRE

## LEARN TO SWIM LESSONS

### LESSON SET DATES

Set Information	Two Times A Week		Once A Week Lessons			Spring Break
	Monday and Wednesday	Tuesday and Thursday	Fridays Only	Saturdays Only	Sundays Only	Monday to Friday
Start Date	April 1	April 2	March 29	March 9	March 31	March 11
End Date	May 1	May 2	May 10	April 13	May 12	March 15
# of Classes	9	10	6	6	6	5
Start Date	May 6	May 7	May 17	April 27	May 19	March 18
End Date	May 29	May 30	June 28	June 15	June 23	March 22
# of Classes	7	8	7	7	6	5

For information on each level of Red Cross Swim lessons check out the following link

[www.redcross.ca/training-and-certification/course-descriptions/swimming-and-water-safety-courses/swimming-lessons](http://www.redcross.ca/training-and-certification/course-descriptions/swimming-and-water-safety-courses/swimming-lessons)

### PARENT & TOT / PRESCHOOL LESSONS

Level	Mondays/ Wednesdays	Tuesdays/ Thursdays	Fridays	Saturdays	Sundays	Spring Break
Starfish	9am to 9:30am	5pm to 5:30pm	9am to 9:30am	10am to 10:30am	4pm to 4:30pm	9:30am to 10am
Duck/ Seaturtle	9am to 9:30am	5pm to 5:30pm	9am to 9:30am	10:30am to 11am	4pm to 4:30pm	9:30am to 10am
Sea Otter	9:30am to 10am 3:30pm to 4pm 5pm to 5:30pm	3:30pm to 4pm 5pm to 5:30pm	9:30am to 10am	9am to 9:30am 10am to 10:30am	4pm to 4:30pm 5pm to 5:30pm	9am to 9:30am 10am to 10:30am
Salamander	9:30am to 10am 3:30pm to 4pm 5pm to 5:30pm	3:30pm to 4pm 5pm to 5:30pm	9:30am to 10am	9am to 9:30am 10am to 10:30am	4:30pm to 5pm 5pm to 5:30pm	9am to 9:30am 10am to 10:30am
Sunfish	4pm to 4:30pm	4pm to 4:30pm	9am to 9:30am	9:30am to 10am 11am to 11:30am	5pm to 5:30pm	10am to 10:30am
Crocodile/ Whale	4pm to 4:30pm	4pm to 4:30pm	9am to 9:30am	9:30am to 10am	5pm to 5:30pm	10am to 10:30am

### SCHOOL AGED LESSONS

Level	Mondays/ Wednesdays	Tuesdays/ Thursdays	Saturdays	Sundays	Spring Break
Swim Kids 1	4pm to 4:30pm 5pm to 5:30pm	3:30pm to 4pm 5pm to 5:30pm	9:30am to 10am 11am to 11:30am	4:30pm to 5pm 5pm to 5:30pm	9am to 9:30am 10:30am to 11am
Swim Kids 2	4pm to 4:30pm 5pm to 5:30pm	3:30pm to 4pm 5pm to 5:30pm	9:30am to 10am 11am to 11:30am	4:30pm to 5pm 5pm to 5:30pm	9am to 9:30am 10:30am to 11am
Swim Kids 3	4:30pm to 5pm	4pm to 4:30pm 5pm to 5:30pm	9am to 9:30am 10:30am to 11am	5:30pm to 6pm	9:30am to 10am 10am to 10:30am
Swim Kids 4	4:30pm to 5pm	4pm to 4:30pm 5pm to 5:30pm	9am to 9:30am 10:30am to 11am	5:30pm to 6pm	9:30am to 10am 10am to 10:30am
Swim Kids 5 & 6	3:30pm to 4:15pm	4:15pm to 5pm	9:30am to 10:15am	4:30pm to 5:15pm	9am to 9:45am
Swim Kids 7, 8, 9 & 10	4:15pm to 5pm	3:30pm to 4:15pm	10:15am to 11am	5:15pm to 6pm	9:45am to 10:30am

### TEEN & 50+ LESSONS

Level	Tuesdays/Thursdays 7:30pm to 8:15pm	Tuesdays/Thursdays 8:15pm to 9pm	Mondays/Wednesdays 5:15pm to 6pm	Thursdays 11am to 11:45am
	8 sessions/ \$69.20+tax	8 sessions/ \$69.20+tax		8 sessions/ \$69.20+tax
50+ Beginner				May 9 to Jun 27
Beginner Teen/Adult	Feb 5 to Feb 28 Apr 2 to Apr 25 May 7 to May 30			
Advanced Adult/Teen		Feb 5 to Feb 28 Apr 2 to Apr 25 May 7 to May 30		

LEARN TO SWIM LESSONS			
30 MINUTES LESSONS		45 MINUTE LESSONS	
	# of Classes		# of Classes
\$57.50	10	\$86.50	10
\$51.75	9	\$77.85	9
\$46.00	8	\$69.20	8
\$40.25	7	\$60.55	7
\$34.50	6	\$51.90	6
\$28.75	5	\$43.25	5

### PRIVATE LEARN TO SWIM LESSONS

Number of Lessons	Lesson Costs (costs do not include applicable taxes - 15 years old and over gst is applicable)		
	Single Participant	Two Participants	Three Participants
1	\$33.00	\$44	\$58
5	\$155	\$210	\$265
10	\$310	\$420	\$530

PRIVATE LESSON CONTACT INFO  
[SWIMLESSONS@NORTHCOWICHAN.CA](mailto:SWIMLESSONS@NORTHCOWICHAN.CA)