

WINTER 2019

MUNICIPALITY OF NORTH COWICHAN PARKS & RECREATION

LEARN TO SWIM AND SKATE OPPORTUNITIES
WWW.NORTHCOWICHAN.CA



LEARN
TO

FULLER LAKE ARENA

LEARN TO SKATE LESSONS

LESSON DAYS AND TIMES

Levels	ONCE A WEEK LESSONS			
	Tuesdays		Sundays	
Preschool Levels 4 to 5yrs	3:30pm to 4pm	4:10pm to 4:40pm	2pm to 2:30pm	2:40pm to 3:10pm
School Aged Levels 6 to 13yrs	3:30pm to 4pm	4:10pm to 4:40pm	2pm to 2:30pm	2:40pm to 3:10pm



LESSON SET DATES

Set Information	Once A Week Lessons	
	Tuesdays Only	Sundays Only
Start Date	January 8	January 13
End Date	February 5	February 10
<i>No Class</i>		
Start Date	February 12	February 17
End Date	March 12	March 10
<i>No Class</i>	February 19	

LEARN TO SKATE LESSONS	
	# of Classes
\$40	5

LESSON SET DATES

Set Information	Two Times A Week		Once A Week Lessons		
	Monday and Wednesday	Tuesday and Thursday	Fridays Only	Saturdays Only	Sundays Only
Start Date	December 3	December 4	January 11	January 12	January 13
End Date	December 19	December 20	March 1	March 2	February 24
# of Classes	6	6	8	8	7
Start Date	January 7	January 8			
End Date	January 30	January 31			
# of Classes	8	8			
Start Date	February 4	February 5			
End Date	March 6	March 7			
# of Classes	9	10			

For information on each level of Red Cross Swim lessons check out the following link

www.redcross.ca/training-and-certification/course-descriptions/swimming-and-water-safety-courses/swimming-lessons

PARENT & TOT / PRESCHOOL LESSONS

Level	Mondays/Wednesdays	Tuesdays/Thursdays	Fridays	Saturdays	Sundays
Starfish	9am to 9:30am 5pm to 5:30pm	5pm to 5:30pm	9am to 9:30am	10am to 10:30am	4:30pm to 5pm
Duck/ Seaturtle	9am to 9:30am 5pm to 5:30pm	5pm to 5:30pm	9am to 9:30am	10:30am to 11am	4:30pm to 5pm
Sea Otter	9:30am to 10am 3:30pm to 4pm 5pm to 5:30pm	3:30pm to 4pm 5pm to 5:30pm	9:30am to 10am 11am to 11:30am	9am to 9:30am 10am to 10:30am	4:30pm to 5pm 5pm to 5:30pm
Salamander	9:30am to 10am 3:30pm to 4pm 5pm to 5:30pm	3:30pm to 4pm 5pm to 5:30pm	9:30am to 10am 11am to 11:30am	9am to 9:30am 10am to 10:30am	4:30pm to 5pm 5pm to 5:30pm
Sunfish	9am to 9:30am 4pm to 4:30pm	4pm to 4:30pm	9am to 9:30am	9:30am to 10am	5pm to 5:30pm
Crocodile/ Whale	9am to 9:30am 4pm to 4:30pm	4pm to 4:30pm	9am to 9:30am	9:30am to 10am	5pm to 5:30pm

SCHOOL AGED LESSONS

Level	Mondays/ Wednesdays	Tuesdays/ Thursdays	Saturdays	Sundays
Swim Kids 1	3:30pm to 4pm 5pm to 5:30pm	3:30pm to 4pm 5pm to 5:30pm	9:30am to 10am 11am to 11:30am	4:30pm to 5pm 5pm to 5:30pm
Swim Kids 2	3:30pm to 4pm 5pm to 5:30pm	3:30pm to 4pm 5pm to 5:30pm	9:30am to 10am 11am to 11:30am	4:30pm to 5pm 5pm to 5:30pm
Swim Kids 3	4pm to 4:30pm 5pm to 5:30pm	4pm to 4:30pm 5pm to 5:30pm	9am to 9:30am 10:30am to 11am	5:30pm to 6pm
Swim Kids 4	4pm to 4:30pm 5pm to 5:30pm	4pm to 4:30pm 5pm to 5:30pm	9am to 9:30am 10:30am to 11am	5:30pm to 6pm
Swim Kids 5 & 6	4:15pm to 5pm	4:15pm to 5pm	9:30am to 10:15am	4:30pm to 5:15pm
Swim Kids 7,8, 9 & 10	3:30pm to 4:15pm	3:30pm to 4:15pm	10:15am to 11am	5:15pm to 6pm

TEEN & 50+ LESSONS

Level	Tuesdays/Thursdays 7:30pm to 8:15pm	Tuesdays/Thursdays 8:15pm to 9pm	Mondays/Wednesdays 5:15pm to 6pm	Thursdays 11am to 11:45am
	8 sessions/ \$69.20+tax		8 sessions/ \$69.20+tax	
50+ Beginner				Jan 10 to Feb 28
Beginner Teen/Adult	Jan 8 to Jan 31 Feb 5 to Feb 28			
Advanced Adult/Teen		Jan 8 to Jan 31 Feb 5 to Feb 28		

LEARN TO SWIM LESSONS			
30 MINUTES LESSONS		45 MINUTE LESSONS	
	# of Classes		# of Classes
\$57.50	10	\$86.50	10
\$51.75	9	\$77.85	9
\$46.00	8	\$69.20	8
\$40.25	7	\$60.55	7
\$34.50	6	\$51.90	6

PRIVATE LEARN TO SWIM LESSONS

Number of Lessons	Lesson Costs (costs do not include applicable taxes - 15 years old and over GST is applicable)		
	Single Participant	Two Participants	Three Participants
1	\$33.00	\$44	\$58
5	\$155	\$210	\$265
10	\$310	\$420	\$530

PRIVATE LESSON CONTACT INFO
SWIMLESSONS@NORTHCOWICHAN.CA