



Ken Williams – Soccer

Ken (Lefty) was an avid soccer player growing up, training daily with his Uncle Edgar in S'amunu traditional village. For about 15 years, he played with the Cowichan Native Sons and Duncan Rangers.

On June 6, 1951 Ken was part of the starting lineup for the Victoria All-Stars soccer team as it played against Fulham, an English First Division team. With their 1-0 win, the Victoria All-Stars became the first Canadian team to ever defeat a professional English team. It was truly a history making game. In 2001, this team was inducted into the Victoria Sports Hall of Fame.

While today we don't think twice about Indigenous athletes being on sports teams, that was not always the case in the years Ken competed. He was a role model for not just Indigenous youth, but all youth in the Cowichan Valley. Ken proudly represented our community and became a legend by playing at the top level in the Victoria soccer league.