

COWICHAN AQUATIC CENTRE



Cowichan Aquatic Centre Reopens on **October 13**

We are gradually resuming programs and classes. For details on how to register and the current program guide and schedule visit www.northcowichan.ca/recreation

Pre-registration is required for all programs, and you must reserve your time at least one (1) day in advance.

ONLINE: www.reccowichan.ca

PHONE: 250.746.7665

COVID-19 screening will occur prior to entry. Use of the facility is prohibited to people showing signs of illness. Arrive no more than 10 minutes prior to the start of your program, and leave the facility as quickly as possible following your session, staying no longer than 10 minutes. Follow directional signage throughout the facility. No refunds will be given for your reserved time.

WEIGHT ROOM

- > Mask are now mandatory in all common public indoor spaces - exceptions include children under two years of age, or persons with underlying medical conditions or disability which inhibits their ability to wear a face covering.
- > Come "workout ready", and bring as few possessions as possible.
- > The Cowichan Aquatic Centre weight room is restricted to ages 16 years and older. Youth ages 13-15 may attend if they have completed the youth orientation and are accompanied by an adult.
- > Weight room users need to wipe down equipment before and after use.
- > Change rooms and showers are unavailable for weight room patrons.
- > Some fitness equipment may be unavailable.